

## **August/September**



chartwells:

## Chartwells School Dining Services at Pewamo Elementary Lunch Single Milk Cost \$0.60

A full student lunch includes a choice of entrée supplying protein and grain, a variety of fruits and vegetables, and a choice of milk. Milk choices include 1% white and 1% chocolate. All meal must contain 1/2 Cup fruit or vegetable

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| 25-Aug   | 26-Aug   | 27-Aug   | 28-Aug   | 29-Aug   |
| Cheese Pizza   | Mini Corn Dogs W/ Dinner                               | Popcorn Chicken With Dinner                          | Cheddar Macaroni & Cheese                            |  |
| Cheese Fizza   | Roll   | · ·  |  |  |
| Corn   | _  | Roll   | W/ Breadstick  |  |
| <u>Corn</u>  | <u>Baked Beans</u>                                     | <u>Corn</u>  | <u>Peas</u>  | N- C-bI  |
| Fruit & Veggie Bar Romaine Lettuce & Carrots         | Fruit & Veggie Bar Romaine Lettuce & Cucumbers         | Fruit & Veggie Bar Romaine Lettuce & Carrots         | Fruit & Veggie Bar                                   | No School  |
| Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                                | Assorted Fresh Fruits &                              | Romaine Lettuce & Peppers Assorted Fresh Fruits &    |  |
| Canned Fruit   |  |  | Canned Fruit   |  |
| 1-Sep  | Canned Fruit 2-Sep                                     | Canned Fruit  3-Sep                                  | 4-Sep  | 5-Sep  |
| Labor Day  | Pancakes and Sausage                                   | Cheeseburger   | Breaded Chicken Drumstick W/                         | White Cheddar Mac And                                |
| Labor Day  | Failcakes and Sausage                                  | Cheeseburger   | Dinner Roll  | Cheese W/ Breadstick                                 |
|  | <u>Hashbrown</u>                                       | Frios  | Mashed Potatoes                                      | Baked Beans  |
| No School  |  | <u>Fries</u>   |  |  |
| No School  | Fruit & Veggie Bar                                     | Fruit & Veggie Bar                                   | Fruit & Veggie Bar                                   | Fruit & Veggie Bar                                   |
|  | Romaine Lettuce & Cucumbers                            | Romaine Lettuce & Carrots                            | Romaine Lettuce & Peppers                            | Romaine Lettuce & Carrots                            |
|  | Assorted Fresh Fruits &                                | Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                              |
|  | Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   |
| 8-Sep  | 9-Sep  | 10-Sep   | 11-Sep   | 12-Sej   |
| Muffin Fun & Cheez it Fun                            | Chicken & Cheese Crispitos                             | Cold Turkey & Cheese Sub                             | Pepperoni French Bread Pizza                         | Mozzarella Cheese Sticks W/                          |
| Lunch<br><u><i>Corn</i></u>                          | <u>Refried Beans</u>                                   | <u>Baked Chips</u>                                   | <u>Fries</u>   | Dipping Sauce<br><u><i>Peas</i></u>                  |
| Fruit & Veggie Bar                                   | Fruit & Veggie Bar                                     | Fruit & Veggie Bar                                   | Fruit & Veggie Bar                                   | Fruit & Veggie Bar                                   |
| Romaine Lettuce & Carrots                            | Romaine Lettuce & Cucumbers                            | Romaine Lettuce & Carrots                            | Romaine Lettuce & Peppers                            | Romaine Lettuce & Carrots                            |
| Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                                | Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                              |
| Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   |
| 15-Sep   | 16-Sep   | 17-Sep   | 18-Sep   | 19-Ser   |
| Chocolate Chip French Toast                          | , ,  | Hot Dog On a Bun                                     | Walking Taco   | Popcorn Chicken W/ Dinner                            |
| & Sausage  | Rice W/ Fortune Cookie                                 |  |  | Roll   |
| <u>Hashbrown</u>                                     | <u>Carrots</u>   | <u>Corn</u>  | <u>Refried Beans</u>                                 | <u>Tator Tots</u>                                    |
| <u>Fruit &amp; Veggie Bar</u>                        | Fruit & Veggie Bar                                     | Fruit & Veggie Bar                                   | <u>Fruit &amp; Veggie Bar</u>                        | Fruit & Veggie Bar                                   |
| Romaine Lettuce & Carrots                            | Romaine Lettuce & Cucumbers                            | Romaine Lettuce & Carrots                            | Romaine Lettuce & Peppers                            | Romaine Lettuce & Carrots                            |
| Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                                | Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                              | Assorted Fresh Fruits &                              |
| Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   |
| 22-Sep   | 23-Sep   | 24-Sep   | 25-Sep   | 26-Sej   |
| Cereal & Yogurt Fun Lunch                            | Waffles & Chicken Tenders                              | Mini Corn Dogs W/ Dinner                             | Chicken Alfredo Pasta W/                             | Cheese Quesadilla                                    |
| W/ String Cheese                                     |  | Roll   | Garlic Breadstick                                    |  |
| <u>Green Beans</u>                                   | <u>Hashbrown</u>                                       | <u>Baked Beans</u>                                   | <u>Peas</u>  | <u>Corn</u>  |
| Fruit & Veggie Bar                                   | Fruit & Veggie Bar                                     | Fruit & Veggie Bar                                   | Fruit & Veggie Bar                                   | Fruit & Veggie Bar                                   |
| Romaine Lettuce & Carrots Assorted Fresh Fruits &    | Romaine Lettuce & Cucumbers<br>Assorted Fresh Fruits & | Romaine Lettuce & Carrots Assorted Fresh Fruits &    | Romaine Lettuce & Peppers Assorted Fresh Fruits &    | Romaine Lettuce & Carrots<br>Assorted Fresh Fruits & |
| Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   |
| 29-Sep   | 30-Sep   | 1-Oct  | 2-Oct  | 3-Oc   |
| Pancakes and Sausage                                 | Chinese Orange Chicken &                               | Cheeseburger   | Breaded Chicken Drumstick W/                         | White Cheddar Mac And                                |
|  | Rice W/ Fortune Cookie                                 |  | Dinner Roll  | Cheese W/ Breadstick                                 |
| <u>Hashbrown</u>                                     | <u>Carrots</u>   | <u>Fries</u>   | <u>Mashed Potatoes</u>                               | <u>Baked Beans</u>                                   |
| Fruit & Veggie Bar                                   | <u>Fruit &amp; Veggie Bar</u>                          | <u>Fruit &amp; Veggie Bar</u>                        | <u>Fruit &amp; Veggie Bar</u>                        | Fruit & Veggie Bar                                   |
| Romaine Lettuce & Carrots<br>Assorted Fresh Fruits & | Romaine Lettuce & Cucumbers<br>Assorted Fresh Fruits & | Romaine Lettuce & Carrots<br>Assorted Fresh Fruits & | Romaine Lettuce & Peppers<br>Assorted Fresh Fruits & | Romaine Lettuce & Peppers<br>Assorted Fresh Fruits & |
| Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   | Canned Fruit   |
| Alternate Entre                                      | <b>ees</b> (available with daily hot v                 | 5 7 2  | s] from our fruit/vegetable bar, a                   | and choice of milk)                                  |
| Mondays  | Tuesdays   | Wednesdays   | Thursdays  | Fridays  |
| WG Breaded Chicken                                   | Pepperoni Pizza  | Bosco Sticks with Dipping                            | Breaded Chicken Patty                                | Cheese Pizza   |
| Nuggets  | t lossies Smith Food Som                               | Sauce  | Sandwich  00 x4000 iessica.anthonv@n                 | washaala aya Ca ta                                   |

Questions? Contact Jessica Smith- Food Service Director at 989-587-5100 x4000 jessica.anthony@pwschools.org Go to https://pewamo.familyportal.cloud/ to make deposits. Cash or checks payable to PW Schools are also accepted.